

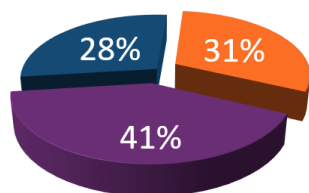
SUMMARY OF ANNUAL ACCOUNTS

INCOME	2021	2020
Charitable Activities	140,953	252,350
Donations & Gifts, including Events and Gift Aid	189,670	290,286
Furlough and Government COVID grants	130,495	0
TOTALS	461,118	542,636

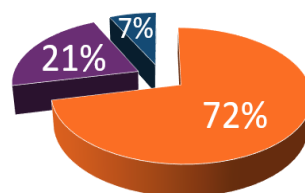
EXPENDITURE	2021	2020
Charitable Activities (cost to deliver service)	261,064	376,670
Fundraising costs	78,200	85,540
Governance costs	26,123	25,903
TOTALS	365,387	488,113

Full accounts can be downloaded from our website

INCOME 2020-21



EXPENDITURE 2020-21



Fundraising	Charitable Activities	Furlough & Gov't Grants	Fundraising	Charitable Activities	Governance
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SCHOOL VISIT DATA

(Schools in lockdown for the majority of the Summer '20 and Spring '21 terms)

	Devon	Dorset	Hampshire	Somerset	Thames Valley	TOTALS
Schools Visited	12	29	27	12	23	103
Days at Schools	21	66	76	19	43	225
Children Participating	1,766	6,663	7,882	1,835	4,033	22,179

NB: In the Academic year to July 2021, we saw 52,000 children

(schools open for the Autumn 2020 and Summer 2021 terms)

We reached a further 180 schools and 37,400 children with SCARF resources

The average number of pupils seen per day was 99

THANK YOU

to our many supporters throughout the region from the children, parents and schools of Wessex and Thames Valley

To find out more visit www.lifeeducationwessex.org.uk

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Life Education helping children make healthy choices in Cornwall, Devon, Dorset, Hampshire, Somerset and the Thames Valley with interactive workshops and our PSHE & RHE resource...

Safety **C**aring **A**chievement **R**esilience **F**riendship



100% of staff surveyed would recommend our services to another school

Overview of our year 2020-21



Experts agree that early intervention is the key to empowering children to make healthy choices and avoid risky behaviours

What We Offer

- ✓ SCARF (Safety, Caring, Achievement, Resilience, Friendship); Comprehensive, online year round programme of study encompassing the entire PSHE and Relationships & Health Education (RHE) curriculum for Reception to Year 6
- ✓ Specialist Educator-led workshops:
 - Health, emotional well-being & drug prevention education for Reception to Year 6 (aged 3-11)
 - Time For Change: Growing Up and Moving on at Puberty for Years 4 to 6
 - Relationship Education for Years 4 to 6
 - bCyberwise; Cyber Safety for Years 3 to 6
- ✓ Twilight staff training
- ✓ Staff briefings and parent/carer sessions
- ✓ Educators deliver workshops in school classrooms (LifeBase) or virtually (SCARF LiveOnline)
- ✓ Our mobile classrooms have been decommissioned, and we hope to re-introduce LifeSpace next year.

"Thank you for an incredible series of sessions last week. The children absolutely loved it, and when we shared our favourite part of the week Harold was mentioned by at least ¾ of the class!"

Why we do it...

Since September 2020 schools are required to deliver Relationships & Health Education, including emotional and mental health. We welcome recognition of the increasing pressures and anxieties faced by children in today's world, particularly given the COVID19 pandemic. Our resources can support schools in meeting guidelines and helping children make healthy choices, avoid risky behaviours and stay safe.

- 32% boys and 28% girls aged 2-15 were either overweight or obese (31% & 27% in 2018)¹
- 24% of 11-15s had taken illegal drugs (same in 2016)²
- 9% of children aged 8-15 had ever used e-cigarettes or vaping devices (7% in 2018)¹
- 16% children aged 5-16 were identified as having a probable mental disorder (10.8% in 2017)⁴
- 27% of 8-11 year olds who go online say they have seen something worrying or nasty (18% in 2019)³

However, statistics from the HSE 2019¹ demonstrate some encouraging trends;

- 96% of children aged 8 - 15 have never smoked (82% in 1997)
- 85% of 8 - 15 year olds have never drunk alcohol (55% in 2003)
- 94% of boys and 95% of girls reported good or very good health

Evidencing the Value

Findings from annual evaluations show that:

- ✓ **98% of staff** agreed the workshops were well delivered
- ✓ **99% of staff** agreed the content met children's needs
- ✓ **88% of staff** agreed or strongly agreed with the statement, "I have a deeper knowledge of my pupils' understanding of issues and skills relating to their health and wellbeing (including behaviour, safety and mental health)."
- ✓ **86% of staff** thought that Life Education and SCARF are very important or important in their school in providing evidence on how it is meeting Ofsted requirements in relation to personal development, behaviour and welfare.

Some comments from the teachers;

"Gave children skills and knowledge to make correct decisions."

"Engaging, informative, age appropriate, thought provoking, educational and enjoyable."

"Good informative sessions on well being and drug education, particularly around mental health in this current climate." (Year 5 & 6)

"The visual resources were great! The rhymes to teach food groups were memorable and it was great to meet Harold (the giraffe) in real life." (Year 1)

"This was fabulous. A lovely range of interactive activities. All children enjoyed the amazing look inside the body. The stars and laying down was a lovely relaxing activity. You were brilliant with the children." (Year 2)

"It was brilliant that the children could bring all of their SCARF learning related to friendship to the lesson and offer suggestions to solve conflicts." (Year 3)

"The pace was perfect, the children were all engaged, a good balance between listening, activities, ICT and visual stimulus. It was magical and captivating." (Reception)

On having the workshops in the school classrooms instead of the Life Bus;

"Quite a few children preferred the workshops in the school classroom as there was more space."

"The children didn't need to settle into their surroundings and so didn't waste a single minute of the experience."

"Non-stop brilliant vocabulary and learning! Delivered in a great interactive way... Thank you so much - they loved it."

"Being in the classroom or hall means the workshops are much more accessible for our SEND children"



¹Health Survey for England 2019

²Smoking, Drinking and Drug Use among Young People in England 2018

³OfCOM Media Use & Attitudes Report 2020/2021 ⁴Mental Health of Children and Young People in England 2020