



## **Educator (Thames Valley)**

Term time only (0.8, full-time considered)

Salary FTE: £20,040 - £26,440 (Scale 1/2, pro-rata)

A rare opportunity to join our team of Educators in the delivery of a range of specialised health, wellbeing, puberty, relationships, online safety and drug education programmes to primary aged children throughout Devon and the surrounding counties.

Ideally resident in the Newbury/Reading area, you will preferably have recent experience of working with young children and knowledge of and an interest in health, well-being and drug issues. A flexible approach is required as the days worked each week may vary.

Life Education Wessex & Thames Valley is a charity working with schools and the community to help children make informed healthy choices and stay safe. Educators use positive and dynamic teaching strategies and specially designed visual aids and models to make children aware of the wonders of the body and how to look after it. The fun, age-appropriate and memorable programmes are delivered in purpose built mobile classrooms and LifeSpace (inflatable classroom).

The successful candidate will be required to undergo and pass an intensive three month training course and be subject to an enhanced DBS check.

Visit <https://www.lifeeducationwessex.org.uk/join-us> for information pack.

Closing date **Monday 11<sup>th</sup> May 2020** Interview date to be confirmed

Applicants must have eligibility to work in the UK and a full UK driving licence.

Charity Number: 1071094



**Life Education**  
Wessex & Thames Valley  
Helping children make healthy choices

2 Barnes Croft  
Coles Lane  
Milborne St Andrew  
Blandford Forum  
DT11 0LG

01258 837417  
enquiries@lifeeducationwessex.org.uk  
thamesvalley@lifeeducationwessex.org.uk  
www.lifeeducationwessex.org.uk

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Keith Millman

March 2020

### Re: Position of Educator (Thames Valley)

Thank you for showing an interest in becoming an Educator for Life Education Wessex & Thames Valley. We have pleasure in attaching an information pack including:

- Advert
- Job description
- Data Protection Privacy Notice and Letter
- Application form (let us know if you would like a word.doc version emailed)
- Details of programmes we offer

The closing date for applications is **Monday 11<sup>th</sup> May 2020**. Please note that we would ideally like signed hard copies of completed application forms. If you are short listed, you will be notified in the first instance by telephone. Please ensure you give us a contact number on which you can be reached around the time of the closing date. **As we are a charity, we regret that we will only be able to contact short listed candidates.**

Life Education Wessex & Thames Valley (LEW&TV) is an independent and self-supporting Delivery Partner of an international and national organisation. Across the UK Coram Life Education Delivery Partners see over 450,000 children each year.

A registered charity, LEW&TV started its journey in Dorset in 1990 with the first mobile classroom and one Educator. During the last 30 years, through voluntary contributions and the generous support of the community, it has grown considerably. We have nine mobile classrooms, Lifespace units (inflatable classroom), twelve Trustees, nine Educators, a fundraising and office support team, and a growing network of volunteers and supporters. Public, private and voluntary sector partners include representatives from Local Authorities and the Health Sector.

Currently in Wessex & Thames Valley, we deliver Life Education programmes to around 70,000 children in over 300 schools across Devon, Dorset, Hampshire, Somerset, Berkshire, Buckinghamshire, Oxfordshire and Swindon every year.

This post is to primarily provide Educator cover for the schools we visit in Thames Valley. We plan our timetables well ahead and ensure that travel is kept to a minimum. However, there may sometimes be a need to travel to any area where the mobile classroom or LifeSpace is located and occasionally this could be at a moment's notice in the case of sudden sickness. It is important therefore that the post holder has a flexible approach and can adapt quickly to changes in circumstances.

Training for a Life Education Educator is an intensive 10-12 week course during term time. The training will take place as close to home as possible, but there may be times when training away from home will be unavoidable. It is a demanding course and applicants must be confident they can commit to this course.

LEW&TV will pay a fixed training grant of an average of £1,000 per month (pro-rata) during training and all out of pocket expenses in line with the current expense policy.

Due to the initial costs incurred in training, all new Educator employees will be required to sign a Training Agreement which outlines the level of fees to be repaid should the Educator not remain employed with LEW&TV for one year following the successful completion of training.

We would like to take this opportunity to thank you for your interest in our work helping young children to make healthy choices and stay safe; we do hope that you will want to apply for the post.

If you have any further queries and/or would like an informal chat about the post, please contact Donna Hill, our Educator Manager, on 07788 428535.

Yours sincerely

A handwritten signature in black ink, appearing to read 'JAMcPhail', with a large, stylized circular flourish at the end.

Jeanette McPhail  
Chief Executive

Encs

## **Life Education Wessex & Thames Valley (LEW&TV)**

### **Educator - Scale One/Two**

*This job description is not exhaustive and may be reviewed from time to time and amended by mutual agreement.*

<b>Summary of role:</b>	A home based position with travel throughout the LEW&TV region to schools to organise and deliver Life Education programmes to children aged 3 and 13 years using our Mobile Classrooms and LifeSpace (inflatable classroom)
<b>Reporting to:</b>	<b>Educator &amp; Business Development Manager</b>
<b>Key Contacts:</b>	Team of LEW Educators and support staff Nursery to Year 6 pupils Parents and Carers Head Teachers and Classroom Teachers Other Key Stakeholders including Local Authority decision makers

### **Job Context**

The role of the Educator is the main delivery resource of the Life Education (LE) Programmes. The LE fully integrated programmes are developed and structured to promote and support schools in delivering high quality PSHE, drug and RSE education.

The aim is to make young people aware of the physical and emotional challenges facing them as they develop. A range of positive and interactive teaching strategies and activities are provided to develop their knowledge, skills and personal attitudes about all aspects of their physical and emotional health and well-being. This includes the misuse of drugs (including medicines, alcohol and tobacco) and the choices they have.

The programmes take place at schools or other educational establishments using LEW&TV equipment and teaching resources, but mainly in our purpose built mobile classrooms and LifeSpace (inflatable classroom located within the school). Educators use specially designed visual aids, models and interactive, positive teaching strategies, including drama and puppetry (for which full training will be given), to help children address complex issues and develop critical thinking skills which will support them in making the right decisions. Specialised INSET and training is also offered to schools and other organisations and LEW&TV training will be provided to equip the Educator to deliver these sessions.

Programmes, which are separate for each of the age groups from nursery to year 8, last between 30 and 75 minutes, according to age, and are delivered to class groups.

The Educator is also responsible for liaising with towing companies and the schools regarding the delivery and positioning of the mobile classroom and LifeSpace, and for other LEW&TV equipment and for the maintenance and security whilst on the site.

To qualify, Educators have to undergo and pass an intensive ten to twelve-week training course on all aspects of the role including programme delivery, presentation skills and management of the mobile classrooms and LifeSpace.

## **Prime objectives of Post Scale One/Two:**

1. To deliver the full range of standard, recognised Life Education programmes to children predominantly (but not exclusively) across the primary age range in schools.
2. To deliver in service training (INSET) to a range of audiences.
3. To ensure that parents, carers and other adults are given an opportunity to become aware of the content and purpose of the Life Education programmes to enable them to support children in the implementation of their learning from the programmes.
4. To provide support as directed to ensure that schools contracting the Life Education service are fully prepared to receive and maximise the benefit from the service, through effective planning, scheduling, timetabling and thorough preparation and follow-up work with teachers.
5. To organise and manage as directed the booking of schools in the local area and to work as an integral part of the LEW&TV business development team.
6. To provide administrative support as required in relation to organising visits to schools, planning timetables, arranging towing schedules and positioning of the mobile classrooms/LifeSpace and keeping records of work undertaken.
7. To undertake additional responsibilities and tasks as appropriate in addition to teaching in schools. This will vary according to individual skill sets and projects LEW&TV may have in hand.
8. To ensure at all times, and have as a priority, the safety and security of children and adults in relation to the safe operating practices of all LEW&TV equipment particularly the positioning and access of the mobile classroom and whilst on duty:
  - I. to monitor and be responsible for the day to day maintenance and security of the Mobile Classroom (MCR) making a full and proper handover to the incoming Educator and keeping the LEW&TV office informed of any issues.
  - II. to be responsible for all the health and safety aspects surrounding the LEW&TV equipment and teaching resources.
  - III. to maintain the interior of the MCR as a clean and welcoming environment, leaving it in good order for the next incoming Educator.
9. To set up and pack away the LifeSpace adhering to health & safety requirements. This will involve transporting 2 large bags with wheels weighing circa 18kg each.
10. To regularly check email and telephone communications and respond to them promptly.
11. To support and attend promotional initiatives, which may include talks, events, shows and media activities related to LEW&TV and, as required, to work collaboratively with our national body, Coram Life Education (CLE).
12. To assist with evaluation of the work of LEW&TV as required.
13. To undertake ongoing professional development, attend meetings and training locally and nationally to ensure that the post holder is fully conversant with the developments and changes in PSHE and their impact on the strategies and policies of CLE and LEW&TV.

14. To undertake other duties related to the prime objectives of this post as required by the Line Manager. LEW&TV can only realistically deliver the service to schools 8 months of the year with most of July, August and December being non-teaching times. Adaptability and flexibility outside of the schools holiday time is essential.
15. To support, uphold and contribute to the development of the organisation's equal rights policies and practices in respect of both employment issues and the delivery of services to the community.

## **Overview of terms and conditions Scale One/Two**

1. Any Appointment will be provisional until successful and satisfactory completion of the training as an Educator for Life Education.
2. Training: All Educators must undergo and pass the intensive 10-12 week training course before being qualified to deliver the LE programmes. Where possible training will be in the local area but travel and possibly staying away from home for short periods will sometimes be necessary.
3. A Training Fee and expenses to be agreed will be paid in equal monthly sums from commencement of training to commencement of a full contract.
4. Salary is according to the LEW&TV Salary Scale One/Two for Educators and is negotiable within the scales according to skills and experience. Salaries are reviewed annually on April 1<sup>st</sup>. It is the policy of LEW&TV to take into account the salary guidelines published annually by Coram Life Education national office.
5. Following successful completion of training there will be a probationary period of at least 6 – 9 months.
6. The normal area of work will be at a school where LEW&TV is based as close to home as possible. From time to time travelling distances to schools, meetings or training will be necessary.
7. Hours of work will average out over the course of the year to between 15 and 22.5 hours per week Monday to Friday, during term time, exact days will depend on school bookings. This is a professional post and a degree of flexibility and adaptability will be required. Very occasionally, evenings, weekends and traditional 'school holidays' may have to be worked without additional pay when LEW&TV deems this necessary. Time off in lieu may be awarded at the discretion of the Line Manager.
8. Term Time only post; normal remuneration will be paid during holidays.
9. Pension: Eligible employees will join the auto enrolment pension scheme.
10. Travel will be in your own car for which LEW&TV will pay mileage according to current policy. Travelling time is additional to normal hours of work.

## Selection Criteria Educator Scale One/Two

Requirements	Essential	Desirable
Educated to degree or diploma level		✓
PGCE/ B.Ed degree or equivalent higher education qualification		✓
Experience of working with children of primary age within an educational setting	✓	
At least a basic awareness and knowledge of human anatomy and biology	✓	
Experience of theatre-in-education or drama with children and young people		✓
Experience of community based work in health/drug related field		✓
Interest and awareness of social and drug related issues	✓	
Knowledge of PSHE and related issues		✓
Ability to relate well and a positive attitude to young children	✓	
Experience of presenting information to adults in a formal setting		✓
Possess the confidence to have or learn to have a sound grasp of the technical and administrative aspects of the role in order to liaise with Head Teachers and key Stakeholders and present LEW as a competent and credible body.	✓	
Effective Communicator with both adults and children with excellent written and oral presentation skills	✓	
Experience of classroom management and positive behaviour management techniques		✓
IT literate to support record keeping (database) and email communication	✓	
Strong organisational skills and proven ability in managing a workload	✓	
Creative, self-motivating and energetic with ability to work on own initiative and as part of a team	✓	
Accurate timekeeper with capability and willingness to travel to schools throughout the region at the times necessary	✓	
Ability to negotiate short flights of steps; to manoeuvre and lift steps of the mobile classroom; to be able to work with children on the floor and get up and down from a sitting position on the floor	✓	
Ability to set-up and pack away the LifeSpace, which will involve transporting 2 large bags with wheels weighing circa 18kg each.	✓	
Flexibility to work out of hours occasionally and to undertake initial intensive full-time training outside the region if necessary	✓	
Willing to undertake further training and personal development as required	✓	
Awareness of and commitment to equal opportunities principles and practice		✓
Possession of full driving licence and access to own transport	✓	



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enquiries@lifeeducationwessex.org.uk  
thamesvalley@lifeeducationwessex.org.uk  
www.lifeeducationwessex.org.uk

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**Vice Chairman:**  
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**Company Secretary:**  
Paul Petrides

**Chairman Ambassadors Group:**  
Keith Millman

March 2020

PRIVATE & CONFIDENTIAL

## New data protection privacy notices

I enclose a data protection privacy notice. Please read the notice carefully and keep it in a safe place as it contains important information about:

- who collects personal information about you;
- which information we collect and how and why we do so;
- how we use the information and who we may share it with;
- where we may hold your personal information;
- how long we keep your information.

We are sending you this new notice to make sure we comply with new legislation governing data protection, known as the General Data Protection Regulation or 'GDPR' and the legislation proposed in the Data Protection Bill.

Please do not hesitate to contact our Data Protection Officer who will be pleased to help with any queries you might have.

Yours faithfully

Jeanette McPhail  
Chief Executive  
Life Education Wessex & Thames Valley



## **Data Protection Privacy Notice (Recruitment)**

This notice explains what personal data (information) we will hold about you, how we collect it, and how we will use and may share information about you during the application process. We are required to notify you of this information, under data protection legislation. Please ensure that you read this notice (sometimes referred to as a 'privacy notice') and any other similar notice we may provide to you from time to time when we collect or process personal information about you.

### **Who collects the information**

Life Education Wessex trading as Life Education Wessex & Thames Valley ('Company') is a 'data controller' and gathers and uses certain information about you. This information is also shared with Coram Life Education and so, in this notice, references to 'we' or 'us' mean the Company and our group companies.

### **Data protection principles**

We will comply with the data protection principles when gathering and using personal information, as set out in our Data Protection Policy.

### **About the information we collect and hold**

#### **What information**

We may collect the following information up to and including the shortlisting stage of the recruitment process:

- Your name and contact details (ie address, home and mobile phone numbers, email address);
- Date of birth (optional), National Insurance Number, Driving Licence (including endorsements);
- Details of your academic and/or qualifications, experience, employment history (including job titles, salary and working hours) and interests;
- Your racial or ethnic origin, sex and sexual orientation, religious or similar beliefs;
- Information regarding your criminal record;
- Details of your referees.

We may collect the following information after the shortlisting stage, and before making a final decision to recruit:

- Information about your previous academic and/or employment history, including details of any conduct, grievance or performance issues, appraisals, time and attendance, from references obtained about you from previous employers and/or education providers ☐;
- Information regarding your academic and/or professional qualifications ☐;
- Information regarding your criminal record, in criminal records certificates (CRCs) and enhanced criminal records certificates (ECRCs) ☐;
- Your nationality and immigration status and information from related documents, such as your passport or other identification and immigration information ☐;
- A copy of your driving licence ☐.
- Health Questionnaire ☐.

You may be required (by law or in order to enter into your contract of employment) to provide the categories of information marked '☐' above to us to enable us to verify your right to work and suitability for the position.

## **How we collect the information**

We may collect this information from you, your referees (details of whom you will have provided), your education provider, the relevant professional body, the Disclosure and Barring Service (DBS), the Home Office.

## **Why we collect the information and how we use it**

We will typically collect and use this information for the following purposes (other purposes that may also apply are explained in our Data Protection Policy):

- to take steps to enter into a contract;
- for compliance with a legal obligation (e.g. our obligation to check that you are eligible to work in the United Kingdom);
- for the performance of a task carried out in the public interest; and
- for the purposes of our legitimate interests, but only if these are not overridden by your interests, rights or freedoms.

We seek to ensure that our information collection and processing is always proportionate. We will notify you of any changes to information we collect or to the purposes for which we collect and process it.

## **How we may share the information**

We may also need to share some of the above categories of personal information with other parties, such as HR consultants and professional advisers. Usually, information will be anonymised but this may not always be possible. The recipient of the information will be bound by confidentiality obligations. We may also be required to share some personal information to comply with the law.

Further details on how we handle sensitive personal information and information relating to criminal convictions and offences are set out in our Data Protection Policy available on request.

## **Where information may be held**

Information may be held at our offices and those of our group companies, and third party agencies, service providers, representatives and agents as described above.

## **How long we keep your information**

We keep the personal information that we obtain about you during the recruitment process for no longer than is necessary for the purposes for which it is processed. How long we keep your information will depend on whether your application is successful and you become employed by us, the nature of the information concerned and the purposes for which it is processed.

We will keep recruitment information (including interview notes) for no longer than is reasonable, taking into account the limitation periods for potential claims such as race or sex discrimination (as extended to take account of early conciliation), after which they will be destroyed. If there is a clear business reason for keeping recruitment records for longer than the recruitment period, we may do so but will first consider whether the records can be pseudonymised, and the longer period for which they will be kept.

If your application is successful, we will keep only the recruitment information that is necessary in relation to your employment.



**Life Education**  
Wessex & Thames Valley

## Application form: Educator (Thames Valley)

### PRIVATE AND CONFIDENTIAL

Ref. No: \_\_\_\_\_

**Please return this form to: Jeanette McPhail**

All applicants must complete and sign an application form and return marked private and confidential to Life Education Wessex & Thames Valley, 2 Barnes Croft, Coles Lane, Milborne St Andrew, Blandford, Dorset, DT11 0LG.

You may if you wish attach a CV as well. If you wish to supply any additional information to support your application not covered by the form, please do so in a covering letter.

Surname	Forename(s)	Title
Address		
Postcode		
Email		
Date of Birth (optional)	Telephone Number (home)	
NI No.	Telephone Number (mobile)	
Current driving licence? Yes/No Expiry Date:	Details of endorsements	
Are there any restrictions on you taking up employment in the UK? Yes <input type="checkbox"/> No <input type="checkbox"/> (If yes, please provide details)		
When would you be able to start training?		

## EDUCATION HISTORY

Schools	Qualifications gained
Colleges/Universities	Qualifications gained

Other training
Details of membership of professional or technical institutions or societies

OTHER EMPLOYMENT

Please note any other employment you would continue with if you were to be successful in obtaining this position.

EMPLOYMENT HISTORY (Please complete in full with most recent first and use a separate sheet if necessary)

DATES FROM - TO	NAME AND ADDRESS OF EMPLOYER	JOB TITLE AND BRIEF DESCRIPTION OF DUTIES	RATE OF PAY	REASON FOR LEAVING


### EXPERIENCE

Please give details of experience and any other relevant factors eg voluntary work or leisure time activities that would help us in considering your application.

### LEISURE

Please note here your leisure interests, sports and hobbies, other pastimes etc.

### REFERENCES

<p>Please provide details of two professional referees who know you well enough to provide information relating to your suitability to the post. One of them must be your present or most recent employer. If you are a student, please give an academic referee.</p>	
<p><b>1.</b> Name:</p> <p>Position:</p> <p>Organisation:</p> <p>Address:</p> <p>Postcode:</p> <p>Tel No:</p> <p>Email:</p> <p>May we approach the above prior to interview? Yes/No</p>	<p><b>2.</b> Name:</p> <p>Position:</p> <p>Organisation:</p> <p>Address:</p> <p>Postcode:</p> <p>Tel No:</p> <p>Email:</p> <p>May we approach the above prior to interview? Yes/No</p>

Please use this section or insert a typed sheet of your own to answer the following question and tell us about the skills, experience and qualities you would bring to the post.

**Having read the job description and information on Life Education, I am confident I would be a good Educator because:**

## CAUTIONS, REHABILITATION AND CRIMINAL RECORDS

Because of the nature of the work for which you are applying, this post is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 and subsequent up-dates, by virtue of the Exceptions Order 1975, which means that convictions that are spent under the terms of the Rehabilitation of Offenders Act 1974 **must be disclosed**, and will be taken into account in deciding whether to make an appointment. Any information will be completely confidential and will be considered only in relation to this application.

In addition **you are required** to submit to a Disclosure & Barring Service check. Any standard or enhanced disclosure made by the DBS will remain strictly confidential.

Have you ever been convicted in a Court of Law and/or cautioned in respect of any offence? YES/NO (delete as required)

If YES, please give details

## SPECIAL REQUIREMENTS

Because this position involves the care of children and/or vulnerable adults employment is dependent on the following:

- 1) Your written consent to obtaining an enhanced disclosure certificate from the Disclosure & Barring Service or an approved umbrella body.
- 2) Such disclosure being acceptable to the company.
- 3) Proof of identity - birth or marriage certificate (where appropriate) and passport (if available).
- 4) Two satisfactory written references.
- 5) That you will supply a photograph of yourself for retention in your records.
- 6) Evidence of physical or mental suitability for your work.

## DECLARATION (Please read this carefully before signing this application)

1. I confirm that the above information is complete and correct and that any untrue or misleading information will give my employer the right to terminate any employment contract offered.
2. I agree that the organisation reserves the right to require me to undergo a medical examination. (Should we require further information and wish to contact your doctor with a view to obtaining a medical report, the law requires us to inform you of our intention and obtain your permission prior to contacting your doctor). I agree that this information will be retained in my personnel file during employment and for up to six years thereafter and understand that information will be processed in accordance with the Data Protection Act.
3. I agree that should I be successful in this application, I will, if required, apply to the Disclosure & Barring Service for an enhanced disclosure. I understand that should I fail to do so, or should the disclosure not be to the satisfaction of the company any offer of employment may be withdrawn or my employment terminated.

Name of applicant (please print) .....

Signed: .....

Date: .....

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# Helping children make healthy choices



**Life Education**  
Wessex & Thames Valley

*"All sorts of medical research now shows that what you start with in life is very important and that influence and environment is crucial. Education for children at an early age is vital, to help them adopt the right healthy habits, so that their health later on is going to be as good as possible. That's why I think the work of Life Education is so important"*

**Professor Lord Robert Winston**

## Over 98% of teachers would recommend us to other schools

The children's charity, Life Education Wessex & Thames Valley\* (LEW&TV), is a Delivery Partner of the UK's leading health, drug and emotional wellbeing education programme, Coram Life Education. Working with schools, parents/carers and the local community, we help to effectively communicate healthy lifestyle messages and empower children with the knowledge, skills and self-confidence to make positive healthy decisions and stay safe.



We offer a whole-school approach to improving children's wellbeing and progress based on the core values of

**Safety Caring Achievement Resilience Friendship**

and developed with the knowledge that improving children's health and wellbeing improves their academic attainment. SCARF is a one-stop, comprehensive Personal, Social, Health Education (PSHE) programme for ages 3 –

11 including Relationships Education and online safety programmes. The interactive and flexible online resources, which are fully aligned with the National Curriculum and designed to support Ofsted and safeguarding requirements, include lesson plans, activities and teaching and learning films, and are offered at no extra cost to schools when booking a Life Education visit.

The following workshops complement the SCARF curriculum and are delivered by our highly skilled Educators in either the 'Lifebus' (mobile classroom) or 'Lifebox' (school classroom) setting.

### **Health, Drug and Emotional Wellbeing workshops for Nursery to Year 6**

With the use of drama and role play, group discussions and a little magic, we deliver a series of 8 fun and memorable, age appropriate workshops for Nursery to Year 6. Sessions feature the much loved Harold the Giraffe and friends who help the children explore emotions and wellbeing. We discover the wonders of the human body and help children to make life long healthy choices. These workshops also include a staff briefing and parents session (see overleaf for details of each year group workshop).

### **Relationships Education for Years 4, 5 & 6**

This programme incorporates puberty lessons and helps schools meet their SMSC development, safeguarding, and emotional wellbeing requirements. Workshops can be tailored to the specific needs of the school, and include parent and staff briefings.

### **Key Stage 3 for Years 7 & 8 (age 11– 13)**

Three workshops exploring the mixed messages surrounding Alcohol, Smoking and Illegal Drugs in our society.

### **bCyberwise: staying safe online for Years 3, 4, 5 & 6**

Promotes positive online citizenship and teaches children how to be respectful and safe online with innovative and needs-led resources. bCyberwise covers National Curriculum Key Stage 2 requirements on internet safety.

### **Behaviour Management Training for support staff**

Four tailored workshops focusing on anti-bullying, positive behaviour management, increasing playground games and rainy day play for lunchtime supervisors & teaching assistants.



# Synopsis of Health, Drug and Emotional Wellbeing workshops for Nursery to Year 6

## Taking Care of Myself

Age: 3-4 years – Nursery  
30 minutes

Children find out how their bodies work and how to keep clean and healthy. They explore the need for a healthy diet, sleep and exercise. Harold the giraffe is introduced and the children help him to feel happy about his first day at nursery.

## All About Me

Age: 4-5 years – Reception  
45 minutes

Children find out how their bodies work and explore the importance of personal hygiene, healthy food, sleep and exercise in looking after their bodies. The safe use of medicines is introduced. Through Harold's visit to his Grandparents they explore feelings, how to deal with them positively and the role friends and family play in their lives.

## My Wonderful Body

Age: 5-6 years – Year 1  
60 minutes

Children find out about keeping their bodies healthy and safe. They explore the need for a healthy balanced diet and discuss the safe use of medicines. Harold's friends Kiki and Derek are introduced providing opportunities to explore the importance of friendship, consider how feelings can be hurt and think of strategies for making up when friends fall out.

## Feelings

Age: 6-7 years – Year 2  
60 minutes

Children further explore the way their bodies work, keeping themselves healthy, and safe storage and use of medicines. Alternatives to medicine such as a good night's sleep, water and exercise are discussed. They consider causes of different emotions and explore the management of feelings. Through helping Harold and his friends they identify ways of dealing with situations involving teasing and bullying.

## Meet the Brain

Age: 7-8 years – Year 3  
60 minutes

Children find out how the brain sends and receives messages through the nerves. They consider medicines as drugs and discuss their safe use and storage. The effects on the body of smoking and drinking alcohol are introduced. Qualities of friendship and skills needed to be effective in relationships with peers are explored.

## It's Great to Be Me

Age: 8-9 years – Year 4  
75 minutes

Children start to consider how organs in the body work together as systems to provide the body with energy from food, water and oxygen. They discuss issues concerning the safe use of medicines and develop an understanding of some of the key risks and effects of smoking and drinking alcohol. They explore friendships and peer influence; recognising the importance for individuals to make their own decisions and take responsibility for their own safety and behaviour.

## Friends

Age: 9-10 years – Year 5  
75 minutes

Children explore physical and emotional needs, recognising that these change according to circumstance. They discuss ways of categorising drugs and develop critical thinking skills in relation to smoking, alcohol and medicines. They consider risks associated with smoking and alcohol and emphasis is placed on the fact that most young people do not take these risks. They explore the influence of friends on decision making and identify and rehearse assertiveness skills.

## Decisions

Age: 10-11 years – Year 6  
75 minutes

Children review their knowledge about the body and explore emotional needs. Basic laws on drugs are discussed and they develop critical thinking skills in relation to legal/illegal drug use including tobacco, alcohol, cannabis and solvents. They explore behaviour patterns within peer groups, risks in relation to alcohol and identify strategies for managing these risks. They identify activities which are popular among young people that are less risky than recreational drug use.



**Schools contribute roughly 50% of the actual cost of the Life Education visit. The balance is subsidised through fundraising and community donations.**



Photo: Pam Gurney

**For more information...**

**Visit [www.lifeeducationwessex.org.uk](http://www.lifeeducationwessex.org.uk) Email [enquiries@lifeeducationwessex.org.uk](mailto:enquiries@lifeeducationwessex.org.uk) Call 01258 837417**

**Life Education Wessex & Thames Valley**  
**2 Barnes Croft, Coles Lane, Milborne St Andrew, Blandford Forum, Dorset, DT11 0LG**

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